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Welcome to Travelista

10 Reasons to Visit Brittany This Summer

Perfectly situated on one of France's more rugged sides, the region of Brittany is a breathtaking land of castles, hills, moors and woodland. It's an incredibly romantic place to visit and a curiously unique one too. Brittany or 'Little Britain' as it's often referred to, is a place of contrasts. Its white sandy beaches and cosy tourist restaurants offer little insight into the world beyond – the gypsies and the mystics, the bogs and the windswept coastlines, the craggy hillsides and the rustic, old world cuisine. Here are ten reasons why you should get over to Brittany this summer.



Climate

Somehow, a rumour has gotten around that Brittany is a washout of a region, say the experts at MyTravelGuide.com. It's simply not true. Though Brittany does have its showers and is not quite as sweltering as St Tropez or Monaco – it has a brilliant all year round climate. Due to its positioning in the Gulf stream, its summers are long and hot and its winters are very mild. Average summer temperatures range from 20 -25°C, making the region a warm and welcoming place, but not one in which you'll ever feel uncomfortable.

Location

You can travel from Britain to Brittany in just two hours by air or by sea. This makes it a perfect destination for families with young children.

Accommodation

The accommodation in this part of France is simply superb and great value for money. The very best place to stay is in authentic Brittany gîtes. A gîte is a rented holiday home furnished with everything an occupant needs to care for themselves during their stay – linen, cooking facilities, towels, entertainment consoles and sometimes even a private swimming pool. These gîtes are no basic chalet accommodation either, most are extremely luxurious and extremely beautiful. The average price of a rural gîte in Brittany is £300 per family, per week. However, there are hundreds of these rustic cottages dotted throughout the region and their prices can vary wildly.

Coastline

Brittany has 2800km of coastline and all of it is stunning. If you can, check out the pink granite coast on the Côtes d'Armor. The colour of its rocks actually gives the entire beach a romantic pinkish hue. Take some photographs and see for yourself.

Seafood

The seafood in Brittany is to die for. Celtic Life magazine recommends you try the 'plateau de fruits de mer,' or in other words the 'platter of fruits from the sea.' It's generally regarded as one of the best seafood dishes in the world. If you fancy getting involved, you can even arrange to go fishing or mussel picking with the locals.

Historical Value

It's hard to believe that this understated region is home to over 2900 protected

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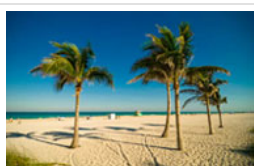
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historical sites and monuments. There's the dramatic island port of St Malo, the medieval castle of Fougères and the truly awe inspiring megalithic site at Locmariaque. The Neolithic stones at Locmariaque are actually older than those at Stonehenge.

Hiking

Like Britain, Brittany has some beautiful moorland and some even more impressive forests and woodland. Many of the most popular hiking routes will take you through the mountainous Monts d'Arrée moors and the legendary Brocéliande forest – a site that has been appearing in French literature for close to a thousand years.

Cycling

If you prefer to do your exploring on two wheels rather than two legs, rest assured - Brittany has much to offer you. Freewheeling France journalist Harold Mewes advises cycling fans to visit the region in May or June when tracks and country roads aren't quite as muddy or treacherous. Mewes recommends a week long trip along the Nantes canal for those seeking a cycling adventure.

Festivals

Brittany plays host to over 30 festivals every year. The Tour de France travels through the region most years, as does the Art Rock Festival – an event played by bands like The Fratellis and Razorlight. There are dozens of nautical festivals held each month, say the experts at EasierTravel.com. Locals come together at these events to celebrate their maritime heritage with music, performance and food.

Locals

Brittany is often dubbed the friendliest place in France. Due to our shared Celtic background, we have an awful lot in common with the people of this region and this makes them awfully welcoming to British tourists.

Author Bio: Sarah is a tour guide and expert on French culture. She recommends [Brittany Gites](#) for high quality and also affordable. She loves to visit France, soaking up the sun and local culture.

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